

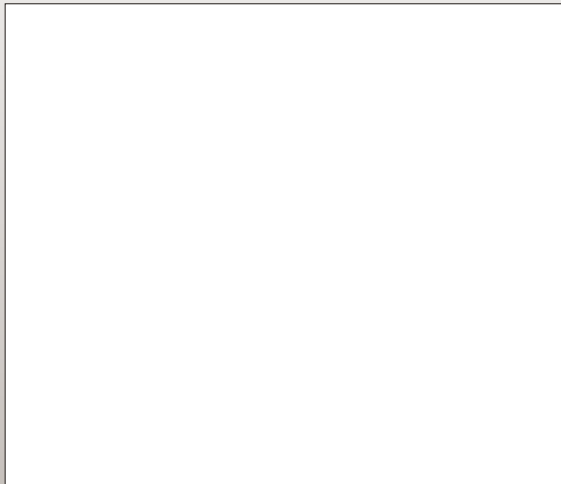


**FOOT NOTES**

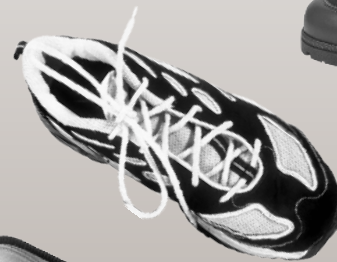
**Protect . Prevent . Educate**

**Don't ignore  
foot pain.  
Make an  
appointment today.**

Courtesy of



**Healthy Feet!  
Happy Body!**



**CFPM**

CANADIAN FEDERATION OF PODIATRIC MEDICINE

1-888-706-4444

[www.podiatryinfocanada.ca](http://www.podiatryinfocanada.ca)

**You're visiting a qualified registered  
Chiropodist/Podiatrist**



## Protect



## Prevent



## Educate

### Safe Hands! Healthy Feet!

It's good to know that your feet are in the safest hands. When you use a registered Canadian chiropodist/podiatrist you can be confident that they're fully qualified and work to the highest professional standards. In fact, the titles chiropodist and podiatrist are protected by law. There are some people who call themselves by various other foot related titles, but they are not qualified.

Visiting CFPM registered chiropodist/podiatrist helps ensure your health professional is genuine. The CFPM is the leading federal professional body for registered chiropodists and podiatrists. It represents the interest for practising chiropodist/podiatrist.

### Healthy Feet! Happy Body!

Your chiropodist/podiatrist is here to help you with so much more than minor ailments ...

During your lifetime, you'll walk approximately 115,000 miles or roughly five times the circumference of the earth. Small wonder then, that many children and three quarters of adults require some form of foot care. Just as a car needs regular servicing, your feet function efficiently only if they are looked after.

### Healthy Feet! Happy Body!

Remember that your chiropodist/podiatrist is qualified to help you with problems related to sports injuries, posture, diabetes, back and leg pain, arthritis, ageing, feet at work, pregnancy and more. They can also perform corrective surgery and identify and treat biomechanical defects which result in poor posture and deformities - all of which can help relieve you of unnecessary pain and have a dramatic effect on your quality of life - now.

**Your feet connect with the rest of your body much more than you think. There are many underlying illnesses or conditions that put your legs and feet at increased risk of injury and disability.**

**The health of your feet can be critical to your mobility and have a direct relationship with your general well being.**

**Don't ignore foot pain.**

**CALL THE CFPM  
FOR A PRACTICE  
NEAR YOU.**